## Safeguarding and Welfare Requirement: Health

Providers must have and implement a policy, and procedures, for administering medicines. It must include systems for obtaining information about a child's needs for medicines, and for keeping this information up-to-date.



# 15. Administering medicines

#### **Ducklings pre-school Policy statement**

While it is not our policy to care for sick children, who should be at home until they are well enough to return to the preschool, we will agree to administer medication as part of maintaining their health and well-being or when they are recovering from an illness. We ensure that where medicines are necessary to maintain health of the child, they are given correctly and in accordance with legal requirements.

As far as possible, administering medicines will only be done where it would be detrimental to the child's health if not given in the pre-school. If a child has not had a medication before, it is advised that the parent keeps the child at home for the first 48 hours to ensure no adverse effect as well as to give time for the medication to take effect.

In many cases, it is possible for children's GPs to prescribe medicine that can be taken at home in the morning and evening.

The key person is responsible for the correct administration of medication to children for whom they are the key person.

This includes ensuring that parent consent forms have been completed, that medicines are stored correctly and that records are kept according to procedures. In the absence of the key person, the supervisor is responsible for the overseeing of administering medication. We notify our insurance provider of all required conditions, as laid out in our insurance policy.

## **Procedures**

- Children taking prescribed medication must be well enough to attend the pre-school.
- We only usually administer medication when it has been prescribed for a child by a doctor or other medically qualified person. It must be in-date and prescribed for the current condition.
- Non-prescription medication, such as pain or fever relief e.g. Calpol, may be administered, but only with prior written consent of the parent and only when there is a health reason to do so, such as a high temperature. Children under the age of 16 years are never given medicines containing aspirin unless prescribed specifically for that child by a doctor. The administering of un-prescribed medication is recorded in the same way as any other medication.

We may administer children's paracetamol (un-prescribed) for children with the verbal consent of the parents in the case of a high temperature. This is to prevent febrile convulsion and where a parent or named person is on their way to collect the child.

- Children's prescribed medicines are stored in their original containers, are clearly labelled and are inaccessible to the children. On receiving the medication, the member of staff checks that it is in date and prescribed specifically for the current condition.
- Parents give prior written permission for the administration of medication. The staff receiving the medication must ask the parent to sign a consent form stating the following information. No medication may be given without these details being provided:
  - full name of child and date of birth;
  - name of medication and strength;
  - who prescribed it;
  - dosage to be given in the pre-school;
  - how the medication should be stored and expiry date;
  - the method of administration;
  - any possible side effects that may be expected should be noted; and
  - signature, printed name of parent and date.

The child's key person or supervisor will receive the child's medication and asks or assists the parents to complete medication forms.

Forms are available at all times in the registration file, the staff are informed both verbally and they are also shown visually.

- The administration of medicine is recorded accurately in our medication record book each time it is given and is signed by the person administering the medication and a witness. Parents are shown the record at the end of the day and asked to sign the record book to acknowledge the administration of the medicine. The medication record book records the:
  - name of child;
  - name and strength of medication;
  - name of the doctor that prescribed it;
  - the date and time of dose;
  - dose given and method;
  - signature of the person administering the medication and a witness; and
  - parent's signature.
- We use the Pre-school Learning Alliance's publication *Medication Record* for recording administration of medicine and comply with the detailed procedures set out in that publication.
- If the administration of prescribed medication requires medical knowledge, we obtain individual training for the relevant member of staff by a health professional.

- If rectal diazepam is given, another member of staff must be present and co-signs the record book.
- No child may self-administer. Where children are capable of understanding when they need medication, for example with asthma, they should be encouraged to tell a member of staff what they need. However, this does not replace staff vigilance in knowing and responding when a child requires medication.
- The medication record book is monitored to look at the frequency of medication given in the pre-school. For example, a high incidence of antibiotics being prescribed for a number of children at similar times may indicate a need for better infection control.

#### Storage of medicines

- All medication is stored safely in a locked cupboard or refrigerated as required. The refrigerator is not used solely for storing medicines so all medication needing to be refrigerated are kept in a marked plastic box.
- The child's key person or supervisor is responsible for ensuring medicine is handed back at the end of the day to the parent.
- For some conditions, medication may be kept in the pre-school. Key persons check that any medication held to administer on an as and when required basis or on a regular basis, is in date and returns any out-of-date medication back to the parent.
  - Medicines are stored in a locked non-portable white metal container on the wall, next to the wall cupboard in the Ducklings pre-school room and medication required to be kept in a refrigerator is in a marked plastic box in Ducklings fridge in the kitchen.

The staff are informed about the whereabouts of any medication both verbally, and they are also shown visually.

# Children who have long term medical conditions and who may require ongoing medication

- A risk assessment is carried out for each child with long term medical conditions that require ongoing medication. This is the responsibility of the supervisor alongside the key person. Other medical or social care personnel may need to be involved in the risk assessment.
- Parents will also contribute to a risk assessment. They should be shown around the pre-school, understand the
  routines and activities and point out anything which they think may be a risk factor for their child.
- For some medical conditions key staff will need to have training in a basic understanding of the condition as well as how the medication is to be administered correctly. The training needs for staff is part of the risk assessment.
- The risk assessment includes vigorous activities and any other activity that may give cause for concern regarding an individual child's health needs.
- The risk assessment includes arrangements for taking medicines on outings and the child's GPs advice is sought if necessary where there are concerns.
- A health care plan for the child is drawn up with the parent; outlining the key person's/supervisor's role and what information must be shared with other staff that care for the child.
- The health care plan should include the measures to be taken in an emergency.

- The health care plan is reviewed every six months or more if necessary. This includes reviewing the medication, e.g. changes to the medication or the dosage, any side effects noted etc.
- Parents receive a copy of the health care plan and each contributor, including the parent, signs it.

# Managing medicines on trips and outings

- If children are going on outings, staff accompanying the children must include the key person for the child with a risk assessment, or another member of staff who is fully informed about the child's needs and/or medication.
- Medication for a child is taken in a sealed plastic box clearly labelled with the child's name and name of the medication.
  Inside the box is a copy of the consent form and a card to record when it has been given, with the details as given above.
- On returning to the pre-school the card is stapled to the medicine record book and the parent signs it.
- If a child on medication has to be taken to hospital, the child's medication is taken in a sealed plastic box clearly labelled with the child's name and name of the medication. Inside the box is a copy of the consent form signed by the parent.
- This procedure is read alongside the outings procedure.

#### Legal framework

The Human Medicines Regulations (HM Government 2019)

This administering medicines policy was adopted	
by	NGCA Ducklings pre-school
On	27 <sup>th</sup> March 2023
Date to be reviewed	26 <sup>th</sup> March 2024
Signed on behalf of the management committee	
Name of signatory	Tristan Woolfenden
Role of signatory	Chairperson